## ABSTRACT OF THE DISCLOSURE

A mono-filament plastic line is formed into a tether by forming a loop intermediate first and second ends of the line and crossing and re-crossing the line over itself to form link-like line sections between each cross-over. A washer-like retainer is disposed at each cross-over to retain and maintain the link-like sections and cross-overs. The tether so formed is utilized for a sports practice activity, such as golf, baseball, football and the like by connecting free ends of the tether over a guide line that is to extend at an angle between spaced supports and so as to suspend a sports practice device, such as a golf ball or baseball to be struck by a person practicing the sport, or a football to be kicked by a person. Stops are carried by the guide line to limit the travel of the tether and thereby of the sports practice device therealong. An alternative tether construction forms each tether free end into a mounting loop to be disposed over the guide line and by forming into each such free end link-like sections by crossing and re-crossing each free end over itself and providing similar retainers for each such cross-over. In another embodiment the tethers free ends are looped back upon themselves and crimped in place by a covering sleeve. Loops are also similarly formed in ends of the guide line. In yet another embodiment, the tether is formed such that a sheathed section is intermediate the first and second ends of the line.